

Bromley Schools Menu Summer 2010



WEEK 1 – Mon 19/4, Mon 10/5, Mon 7/6, Mon 28/6, Mon 19/7 Mon 01/09, Mon 20/09, Mon 11/10

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Sausages served with Mashed Potato & Baked Beans	Shepherds Pie	Roast Chicken Fillet served with Oven Baked Diced Potatoes & Gravy	Chicken Casserole served with Rice	Salmon Bake served with Oven Baked Chips and Baked Beans
Macaroni Cheese served with Crusty Bread	Southern Style Quorn Dippers served with Salsa Sauce & Baby Boiled Potatoes or Rice	Cheese & Tomato Pizza served with Jacket Wedges	Quorn Balls in Tomato Sauce served with Rice	Cheesy Pasta Bake served with Oven Baked Chips
Peas	Mixed Salad & Broccoli	Green Beans & Carrot Batons	Farmhouse Vegetable Mix	Peas & Mixed Salad
Peach Fruit Ice Cream	Apple Crumble & Custard	Jam & Coconut Sponge & Strawberry Custard	Chocolate Sponge & Chocolate Sauce	Orange Jelly

Freshly Baked Bread, Salad Crudities, Fruit Yoghurts, Milk and Fruit Wedges Available Daily

WEEK 2 – Mon 26/4, Mon 17/5, Mon 14/6, Mon 5/7, Mon 06/09, Mon 27/09, Mon 18/10

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Bolognese served with ½ Baked Potato or Pasta	Roast Pork Loin served with Roast Potatoes & Gravy	Chicken Fajitas served with Jacket Wedges	Freshly Made Beef Burger served with Sliced Oven Baked Potatoes	Fish Bake served with Oven Baked Chips & Baked Beans
Cheese & Coleslaw served with ½ Baked Potato	Cheese and Potato Pie	Vegetable Lasagne served with Jacket Wedges	Vegetable Nuggets served with Salsa Sauce & Sliced Oven Baked Potatoes	Cheese Pizza served with Oven Baked Chips
Roasted Mixed Vegetables	Broccoli & Carrot & Swede Mash	Sweetcorn & Mixed Salad	Peas & Carrot Batons	Green Beans & Sweetcorn
Toffee Apple Sponge & Custard	Jam Tart Served with Custard	Syrup Sponge & Custard	Apple Pie & Custard	Chocolate Ice Cream Roll

Freshly Baked Bread, Salad Crudities, Fruit Yoghurts, Milk and Fruit Wedges Available Daily

WEEK 3 – Mon 3/5, Mon 24/5, Mon 21/6, Mon 12/7, Mon 13/09, Mon 04/10

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Vegetable Pie served with Crusty Bread	Lamb Lasagne served with Garlic Bread	Roast Chicken & Gravy served with Roast Potatoes	Turkey Salad Wrap served with Potato Wedges	Breaded Fish served with Oven Baked Chips & Baked Beans
Mediterranean Quorn Wrap served with Jacket Wedges	Jacket Potato filled With Baked Beans & Cheese	Vegetables Moussaka Served with Garlic Bread	Cauliflower & Broccoli Bake served with Potato Wedges	Cheese & Vegetable Slice served with Oven Baked Chips
Peas & Carrot Batons	Roasted Mixed Vegetables	Broccoli & Savoy Cabbage	Sweetcorn & Green Beans	Peas & Mixed Salad
Vanilla Ice Cream Tub	Pineapple Upside Down Cake & Custard	Chocolate Crunch & Chocolate Sauce	Jam Tart & Custard	Blackcurrant Jelly

Freshly Baked Bread, Salad Crudities, Fruit Yoghurts, Milk and Fruit Wedges Available Daily

