



# Crofton Infant School

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## To Parents of Children in Year 2

Dear Parents

Over the next six weeks Year 2 will be following a unit of work on a theme which focuses on 'Health' (How are You?).

This unit of work is part of the International Primary Curriculum. This new curriculum sets out very clearly what children will learn - the learning goals - in three different areas:

- The subjects of the curriculum. The learning goals for each of these subjects are at least as challenging as anything taught in the national curriculum. In many cases, the learning goals are more challenging.
- Personal development - the characteristics which will help children become responsible, independent learners.
- International understanding - which will help children develop both a sense of the independence of their own country and culture and the interdependence between countries and cultures.

During this unit we will be focusing on history, information and communication technology, PE and science.

In **history** we'll be

- Finding out about some of the people who made discoveries that helped people to fight disease
- Finding out about diseases that were common in the past

In **information and communication technology** we'll be

- Using the internet to find out about health problems across the world
- Collecting data about illnesses and using the computer to sort it

In **physical education** we'll be

- Following a strict fitness regime
- Finding out how exercise affects our bodies and our fitness

In **science** we'll be

- Finding out how some common health problems affect our bodies
- Finding out about healthy eating
- Finding out how our senses work

We'll also find out about the importance of fresh water across the world, and seeing how medical treatment is different from place to place.

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To begin the theme we will be having a **Health entry point**. It will take place on Thursday 16<sup>th</sup> and Friday 17<sup>th</sup> September, and the children will experience a range of activities to enthuse and inform them as preparation for their future learning. Activities will include:

- **Keep Fit**, so please make sure your child has a PE kit in school
- **Food Technology**
- **Child massage**, to begin to explore relaxation. This will be taught by a visiting trained therapist, and will take place as a class activity. Children will learn to massage one another through clothing as a class activity in a safe and appropriate manner. **Please complete the form below** to give permission for this to take place, and for it to continue as classroom practice throughout the year.
- **Decorating a t-shirt**. For this activity can your child please bring in a **named plain white t-shirt**. They will be decorating these with **hypoallergenic** fabric pens.

Later in the term, on 14<sup>th</sup> and 15<sup>th</sup> October, we will be visited by the **Life Bus**.

We would very much appreciate some help to ensure the days run smoothly. If you are able to help with any of the activities, please let your child's teacher know. **Helpers must be List99/CRB checked.**

In order to cover the cost of the various activities and visitors, a voluntary **contribution of £8.50** to be paid **via ParentPay** is requested. Unfortunately, if we do not receive enough contributions to cover the costs, some activities may have to be cancelled.

All of the work we are going to do has been specially written to help your child reach the learning goals. Children will be reading, researching, writing, illustrating, working on their own and working in groups. We will be checking to see how well your child has learned through particular activities and by asking children to explain their work, perhaps to you.

We already know the interest you take in your child's work. If you can, please discuss with your child the work they have done as the term progresses, and let them teach you if you can.

Talk with your child at mealtimes about the foods you are eating and how healthy they are. Encourage your child to enjoy exercise - it doesn't have to be an organised activity, but could just be running about having fun! Ask your child what childhood illnesses they can remember having and what happened to their body.

If your child has some work to research, please help them - but without actually doing the work! If you have a chance to further their interest in the ideas of this theme, please take it - but your enthusiasm and interest is most important.

By the end of the unit, we hope your child will have achieved all of the learning targets. We hope they will have had an enjoyable time in the classroom, and we hope you will have enjoyed seeing your child learn with enthusiasm. If you have any comments about the learning your child has done, please let us know.

Many thanks.

The Year 2 Team

*Chloe Alder* *Anna* *Fiona Zelanya*  
*D. Y. J. Alder* *Cassios* *Sheader*

**YEAR 2 HEALTH TOPIC**

- I give permission for my child to take part in class massage sessions.
- I have made a contribution of ..... via ParentPay towards the cost of the activities.
- I am able/unable to help during the days on 16<sup>th</sup> or 17<sup>th</sup> September *(please delete as appropriate)*  
**(All helpers must have a valid CRB certificate or List99 clearance.)**

Pupil's Name .....

Class .....

Signed .....

Dated.....

